



## **K L University**

(Koneru Lakshmaiah Education Foundation)

Estd. u/s 3 of UGC Act 1956

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Constituent College KLCE Accredited by NAAC with CGPA 3.76/4.00

Approved by A.I.C.T.E ± Accredited by N.B.A.± ISO 9001-2000 Certified

### **ACADEMIC STAFF COLLEGE**

#### **Report on 1-day session on “Dreams or Goals – a reality check”**

**13.07.2017**

A 1-day session on **“Dreams or Goals – a reality check”** was organised by Academic Staff College on 13.07.2017 from 9.30 to 3.30pm at Sunflower hall by Prof.Rama S Patnaik, ASC for 50 Associate and Assistant Professors of ECE dept.

A dream written down with a date becomes a goal. A goal broken down into steps becomes a plan. A plan backed by action makes your reality.

The session began by helping the participants to identify the dreams and pick up one dream that they want to realise after five years. Once the dream was picked up by the participants, the facilitator lead them through to identify and list the thing that are need to realise the dream into a goal.

The make goals into reality the participants were assisted to prepare an action plan comprising of how it can be achieved within the stipulated time by considering the profession, family, society and the finance.

Later the members were aided to prepare an action plan for 12 months to achieve the bigger goals. And then the participants asked to envision what they will be after 100 days in line their bigger goal

The outcomes of the workshop

The participants were able

- To be aware and listen to ones true dreams and desires
- To identify higher purpose of the dreams
- To plan to achieve life balance
- To set a timescale and determine actions to achieve goals
- To identify those who will help to achieve dreams



Prof. Rama Patnaik, ASC delivering session on "Dreams or Goals – a reality check"



Participants actively listening to Prof. Rama Patnaik, ASC while she is delivering session on "Dreams or Goals – a reality check"



Participants are presented with certificate of participation at the end of the session



Dr. V. Rajesh, Principal, ASC addressing the Participants to get best out of the Workshops



Participants group Photo along with ASC team